ENGLAND NETBALL

BE SAFE ENJOY YOUR SPORT!

When you take part in your sport, we want you to feel that:

- It is fun
- You are listened to
- Your development is supported
- You feel respected
- People are there for you
- Your club is friendly and inclusive

But what if something is wrong?

What if someone else's behaviour is making you feel...

Angry Lonely Hurt
Worried Sad Unsure
Anxious Uncomfortable

YOU NEED TO BE SAFE. TALK TO SOMEONE WHO CAN HELP.

There are lots of people you can talk to: a parent/guardian, a trusted adult, your coach, or a club safeguarding/welfare officer.

Speak to someone you trust. If there is no one you feel you can talk to, contact one of the organisations below.

CHILDLINE

0800 1111
childline.org.uk
calls are free of charge
24 HOURS 7 DAYS A WEEK

CLUB WELFARE OFFICER DETAILS:



FOR MORE INFORMATION VISIT